

# Samantha Coppola

Actress~Model~Trainer

Los Angeles

Email:samanthagrace92@gmail.com



## EDUCATION

---

	NASM Corrective Exercise Certificate NASM Nutrition Certificate
September 2017	American Academy of Personal Training (NY, NY)
2013-2014	BFA at The New School
2011 – 2013	American Musical and Dramatic Academy (Musical Theatre certificate; NY, NY) GPA: 3.68
2006 – 2010	Midland Park High School (Midland Park, NJ) GPA: 3.5
	-Drum Major of the Marching Band senior year -Vice President of the National Honors Society -Chief Editor of the Year Book Committee -Member of the Recycling Club

## WORK EXPERIENCE

---

05/2019-12/2020	<b>F45: Group Fitness Instructor</b> -Instruct, encourage and train members -Clean and set up studio
10/2017-04/2019	<b>New York Sports Club: Personal Trainer</b> -Prospecting and selling training packages -Focus on weight loss and strength training
12/2016-12/2017	<b>Pennsylvania 6: Server</b> -Upsell food and drinks -Maintain a clean/professional working environment

02/2016-12/2016

**The Smith Restaurant:** Server  
-Very familiar with Micros

09/2014-02/2016

**Grand Tier Restaurant at Metropolitan Opera:**  
Hostess, Payroll Invoices  
-Plotted tables and sat customers according to server  
stations and party sizes  
-Made reservations and took intermission orders

**PERSONAL INTERESTES**

---

Fitness, Yoga, Musical Theatre, Acting, Reading, Community Service, Traveling, Cooking,  
Outdoor Sports, Meeting New People, Art and Swimming