



Lisa “Clutch” Tauai, Lt Col (ret), RD, MBA, CWP

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Summary

Senior Executive with twenty-seven years of experience as a Registered Dietitian, health and wellness manager, program analyst, and executive liaison in multiple organizations across the United States Air Force and the Las Vegas community. Special skill set in networking, building partnerships, and motivating people to reach their health and wellness goals. Experienced in wellness program development and in coaching/educating clients in large group and individual settings with over twenty-seven years of public speaking. Other areas of expertise include:

- Project Development and Management
- Written and Oral Communication
- Analyze/Interpret Metrics/Outcomes Data
- Social/Public Marketing
- Program analysis
- Health Promotion and Education
- Budgetary and Strategic Planning
- Leadership Skills
- Policy Development/Implementation
- Health Promotion and Education

Experience

Healthcare to Health Contract Dietitian

April 2020 – Present

Supervisor: Ben Thomas

U.S. Air Force

Las Vegas, Nevada

- Wellness Coach and dietitian for Nellis and Creech Air Force Base’s Group Lifestyle Balance Program
 - Leads 22 nutrition, fitness, and behavior modification sessions
 - Collects quarterly outcomes to submit to Center for Disease Control
- Markets wellness program and services to over 15,000 military and civilian personnel

Consultant Dietitian

November 2021 – 20 Aug 2023

Supervisor: Ms. Mitzy Flores (786-566-3859)

University of Nevada – Las Vegas

Las Vegas, Nevada

- Develops specialized holistic nutrition/wellness modules for healthcare provider continuing education
- Creates, produces, and narrates videos to accompany continuing education modules

Consultant Dietitian

April 2021 – June 2022

Supervisor: Arthur Hockwald (702-476-6750)

YMCA of Southern Nevada

Las Vegas, Nevada

- Provides group nutrition classes and numerous nutrition and wellness topics
- Lead nutrition instructor for Choose to Lose weight management program
- Provides individual nutrition counseling and meal planning assistance

Consultant Dietitian

January 2021 -- Present

Supervisor: Chef Robert Derwinski (708-203-8526)

Culinary Academy of North Las Vegas

Las Vegas, Nevada

- Analyzes recipes for nutritional value/content for Las Vegas public schools and prison systems
- Educates and instructs chefs on therapeutic diets
- Provides presentations and serves as expert panel member at various Las Vegas community events

Consultant Dietitian

Mar 2019 – Present

Supervisor: Ms. Laura Garcia (702-353-1391)

Next10

Las Vegas, Nevada

- Analyzes nutrition content of recipes
- Creates nutritional facts label on all Next10 recipes, snacks, and beverages
- Provides therapeutic and vegetarian recipe ideas along with quick/healthy lunch and snack ideas for kids
- Consults with Next10 clients on individualized meal plans specific to meet their goals

Health Promotion Program Coordinator

July 2018 – Nov 2019

Supervisor: Lt Col Backus (702-653-3330)

U.S. Air Force

Nellis Air Force Base, Nevada

- Conducts community outreach in support of population health
- Implements and evaluates health communication interventions that promote healthy behaviors
- Integrates and implements community outreach and health/wellness/prevention programs through actively participating in the installation Community Action Team and Community Action Board
- Builds the Medical Treatment Facility to effectively deliver clinical interventions that address health behaviors

Squadron Commander (Senior Executive)

June 2015 – July 2017

Supervisors: Colonel Michael Patronis (210-385-8460) and Colonel Thatcher Cardon (253-720-4597)

U.S. Air Force

Laughlin Air Force Base, Texas

- Commands six departments of 60 military and civilian personnel

- Maintained health care support programs for 5,4000 members in the Laughlin Air Force Base community
- Drove hospital operations; devised contract solutions, improved staff morale and fitness; received two “best department” titles during major inspection
- Oversaw \$5.5 million dollar budget and 23 facility sustainment projects; avoided life safety risk/code violations and earned #2 in the Air Force in energy conservation

**Nutritional Medicine Division Head
October 2011 – June 2015**

**U.S. Air Force
Nellis Air Force Base, Nevada
Supervisors: Colonel Paul Brezinski (575-491-6778) and Colonel Gregory Coleman (703-888-7044)**

- Deputy Squadron Commander/Senior Executive; led 378 members and nine departments
- Led Air Force’s largest outpatient nutrition clinic and one of top three largest food operations; updated two-week cyclic menu for 275,000 customers; achieved 99% customer satisfaction
- Secured \$3.5 million dollar dining facility renovation and 150,000 dollars in equipment
- Air Force’s Food Service Working Group leader; coordinated with 14 bases to revamp Nutritional Medicine’s operational guidance
- Oversaw first-ever Performance Nutrition Program at Creech Air Force Base, Nevada

**Executive Officer (Deputy Director)
October 2010 – October 2011**

**U.S. Air Force
Nellis Air Force Base, Nevada**

Supervisor: Brigadier General Steve “Judy” Garland

- Executive liaison to Wing Commander responsible for 2 military installations, 6 Wings and 15,000 personnel
- Authored Nellis Air Force Bases’ administrative writing guide and website for 15,000 personnel
- Reduced late personnel performance evaluations by 75% in 3 months; best base statistics in over a year

**Health Promotions Division Head
April 2007 – July 2010**

**U.S. Air Force
Ramstein Air Base, Germany**

Supervisor: Colonel Daniel Reiser

- Managed largest overseas tobacco cessation program/nutrition services/Air Force Fitness Program for 57,000 beneficiaries; led all of installation’s health promotion/education programs
- Supervised seven personnel; oversaw division’s \$42,500 budget; nutrition consultant to 11 overseas bases
- Established/reviewed/wrote health promotion policies and procedures; led base’s weight loss challenge for 400 participants
- Germany’s U.S. Government’s nutrition leader; crafted four quarterly reports and liaison for country’s 41 nutrition experts
- Led Department of Defense’s pediatric obesity working group and Ramstein Air Base’s Body Mass Index Challenge
- Director of the installation’s Integrated Delivery System (IDS)

**Health Promotions Director
April 2005 – April 2007**

**U.S. Air Force
Lajes Field, Azores, Portugal**

Supervisor: Colonel Anne Sproul

- Managed base's Air Force Fitness Program, Tobacco Cessation Program, nutrition programs national health observances, and all of the installation's health promotion/education programs for 2,300 beneficiaries
- Supervised five personnel and responsible for 46,000 operating budget
- Devised fitness program for 29 poor scorers; pass rate up 50% in only two months
- Guest speaker at 12 military and civilian functions; 250 personnel educated on proper nutrition

Health Promotions Manager

April 2003 – April 2005

Supervisor: Major Billie Hutchinson

U.S. Air Force

Air Force Academy, Colorado

- Led all installation health and wellness programs to include the Air Force Fitness Program and Tobacco Cessation Programs
- Supervised four personnel and responsible for \$45,000 budget and 10,000 in equipment
- Awarded 60,000 dollars for base's Kids Fit-for-the-Future initiative; developed program to reduce childhood obesity
- Phenomenal community networks and social marketing; coordinated services with Komen Race for the Cure; 7,000 runners

Nutritional Medicine Services Director

April 2000 – April 2003

Supervisor: Lieutenant Colonel Laurie Yankosky

U.S. Air Force

Offutt Air Force Base, Nebraska

- Led Medical Nutrition Therapy services for over 85,000 eligible inpatient and outpatient beneficiaries
- Managed \$160,000 annual budget and supervised seven diet therapy technicians
- Key team member on Air Force Aircrew Nutrition Readiness Team, Health and Wellness Center Weight Management Committee, Population Health Working Group, and the Diabetes Care Team
- Spearheaded DoD-unique 12-month multidisciplinary weight management program; 600-pound weight loss for over 80 morbidly obese clients enrolled
- Led Offutt Air Force Base's Health Fair; coordinated 20 military and civilian services; attended by over 250

Clinical Dietitian

June 1998 – March 2000

Supervisor: Captain Allen Sproul

U.S. Air Force

Lackland Air Force Base, Texas

- Coordinated individual and group Medical Nutrition Therapy for over 1,700 outpatients annually in the largest Air Force nutrition clinic
- Developed health promotion initiatives and led National Nutrition Month education programs for base population
- Secured \$55,000 DoD and Health Affairs outcomes research grant

USAF Dietetic Program Intern

August 1997 – June 1998

Internship Director: Major Denise Black

U.S. Air Force

Andrews Air Force Base, Maryland

- Led all nutrition activities for National Nutrition Month to include education booths, briefings base newspaper articles, and base-wide health fair

- Developed nutrition program for the Bolling Air Force Base's National Honor Guard

Commissioned Officer Training

4 August 1997 – 29 August 1997

Squadron Commander: Lieutenant Colonel G.R. Timmerman

U.S. Air Force

Maxwell Air Force Base, Alabama

Education

Associate of Arts

September 1992 – June 1994

Missouri Southern State University

Bachelor of Science in Dietetics

Minor in Chemistry

September 1994 – June 1997

Missouri State University

Master of Business Administration (MBA)

September 2001 – June 2006

Bellevue University

Master of Military Operational Art and Science

January 2008 – June 2009

Air University

Certifications

Certified Wellness Practitioner

August 2019--Present

National Institute of Health

Certified in Adult and Childhood Obesity

March 2024--Present

Academy of Dietetics and Nutrition